

BRACES SURVIVAL KIT SHOPPING LIST

- Travel-sized toothpaste and toothbrush
(or disposable toothbrush like Wisp)
- Interdental Brushes
- Travel-sized Mouthwash
- Floss and Threader or Flossers
- Orthodontic Wax
- Lip Balm
- Compact Mirror
- Tissues
- Pain Relievers
- Carrying Case
- Water Bottle